

RBPLAT COMMUNITY UPDATE

Issue 1 | 2020



PLEASE STAY SAFE AND HEALTHY!

At RBPlat, our business has been built on the foundation of 'More than Mining' and everything we do is to ensure that we conduct our business in a manner that offers value and care to all our stakeholders.

At this time of the global coronavirus (COVID-19) pandemic, the world as we know it has changed. It calls on us as leaders to help navigate and lead through these very difficult times.

On Sunday, 15 March 2020, the President declared a National State of Disaster and outlined various decisive actions to curb the coronavirus (COVID-19) pandemic in our country. As a company, we are fully aligned with the efforts of our government to contain the spread of the virus, and are working

closely with the Department of Mineral Resources and the Minerals Council South Africa, to minimize the impact on our employees, and the industry as a whole.

PRECAUTIONARY MEASURES

We have established an RBPlat COVID-19 Coordination Committee to help us put together the necessary precautionary measures, to protect the health and safety of our employees, contractors, partners and suppliers.

- We are currently focusing on the containment phase and have intensified our communication around health, hygiene and wellness amongst our employees.
- Our Health and Safety team together with our Medical Practitioner, continues to ensure that we have all the latest information and resources available, to respond to the situation should an employee need to self-isolate or be quarantined.
- Our team takes guidance from the South African government and recognised international health bodies like the National Institute for Communicable Diseases (NICD), the World Health Organisation, and the National Department of Health.
- We have implemented strict access control and body heat scanning machines at strategic points at our mines.

- Our enhanced hygiene measures include regular hand washing and hand sanitising amongst all our employees, as well as social distancing.
- Strict protocols are in place should we have an incident, which is in line with the National Institute of Communicable Diseases (NICD) as well as the Department of Mineral Resources (DMR) and the Department of Health (DoH).
- As indicated by the President, no mass meetings of more than 100 persons are allowed. Accordingly, we also encourage our employees and contractors to refrain from attending large private or public social gatherings in our communities.
- We encourage employees and contractors to refrain from travel outside the borders of South Africa. If you or any member of your direct family have travelled or travels outside our borders, please declare this before entering our premises.

OUR RESPONSIBILITY TO OUR COMMUNITY

We also understand our role and responsibility to our communities, and are thus extending our hygiene promotion material to our communities by sharing important hygiene promotion information on the COVID-19 in this booklet.

This booklet contains important information, so please read through carefully and share the information with your families, your friends and people in your communities.

I appeal to each of you, to take this pandemic seriously. It is important for each of us to play our part and prevent the spread of this disease. Now is the time, where we need to come together as a community and protect each other.

Regards
Steve Phiri
CEO: RBPlat



COVID-19 UPDATE

LET'S TAKE
COLLECTIVE
RESPONSIBILITY



CORONAVIRUS QUICK FACTS

ABOUT THE CORONAVIRUS

- The coronavirus has been declared a global health emergency by the World Health Organization (WHO).
- The coronavirus is a virus, similar to the common cold or flu in many ways. Symptoms can be very mild for some people, but can be far more deadly for others.
- It is important to know that:
 - There is no need to panic.
 - Not everyone who gets the virus becomes very ill.
 - Good personal hygiene can protect you and your family.

SYMPTOMS

- Symptoms can be very mild for some people, but can be far more deadly for others.
- Some people become infected but don't develop any symptoms or feel unwell.
- Most people (about 80%) recover without needing special treatment.
- Around 1 in every 6 people with the virus becomes seriously ill which could be fatal.
 - The most common symptoms are:
 - Fever
 - Tiredness
 - Dry cough
 - Difficulty breathing
 - Some people may also have aches and pains, a blocked or runny nose, a sore throat or diarrhoea.

CAUSES

The virus is infectious and spreads from people who are infected to others through:

- The air by coughing and sneezing.
- Close personal contact, such as touching or shaking hands.
- Touching an object or surface with the virus on it, then touching your mouth, nose, or eyes before washing your hands.

WHO IS AT RISK?

Anyone who comes into contact with the virus can get it, BUT older people and those with underlying medical problems like high blood pressure, heart problems, low immunity or diabetes are more likely to develop serious illness.

WHAT YOU SHOULD DO

- It is important to consider the wellbeing of others.
- If you think you may have the virus and display symptoms of fever, cough and difficulty breathing, you should:
 - Speak to your healthcare practitioner
 - Share your recent travel history
 - Avoid travel
 - Avoid contact with others, especially large groups
 - Notify your employer.

PREVENTATIVE MEASURES

- The best way to protect yourself is to regularly wash your hands thoroughly for 20 seconds with soap and water or use an alcohol-based hand rub.
- Other preventative measures include:
 - Avoiding close contact with anyone who has fever and cough.
 - Avoid close contact with other people if you are coughing or have a fever.
 - Covering your mouth and nose with your elbow or tissue when you cough or sneeze.
 - Only eat well-cooked food, especially meat and eggs.
 - Never spit in public.
 - Don't touch your face, mouth, nose or eyes without washing your hands.
 - Know your HIV status and continue with your ARV and TB treatment.



MINERALS COUNCIL
SOUTH AFRICA

WHAT YOU NEED TO KNOW ABOUT CORONAVIRUS



WHAT CAN I DO TO AVOID GETTING THE VIRUS?

Don't touch your face, mouth, nose or eyes without washing your hands.



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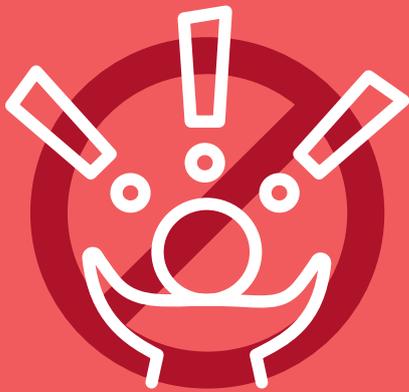


WHAT YOU NEED TO KNOW ABOUT CORONAVIRUS



The coronavirus has been declared a global health emergency by the World Health Organization.

THIS IS WHAT YOU NEED TO KNOW



**There is
no need
to panic**



Not everyone who
gets the virus
becomes very sick



Good personal hygiene
can protect you and
your family

WHAT IS IT?

The coronavirus is a virus, similar to the common cold or flu.

Symptoms can be very mild for some people, but can be far more deadly for others.

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WHAT YOU NEED TO KNOW ABOUT CORONAVIRUS



WHAT ARE THE SYMPTOMS?



Fever



Tiredness



Dry cough



Difficulty in breathing

Some people may also have aches and pains, a blocked or runny nose, a sore throat, or diarrhea.

IS IT DEADLY?

**Not everyone
who gets the
virus becomes
very sick.**

Most people (about 80%) recover without needing special treatment.

Around 1 in every 6 people with the virus becomes seriously ill which could be fatal.

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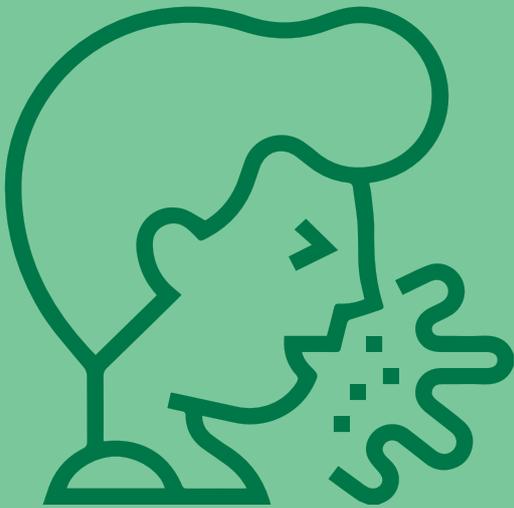


WHAT YOU NEED TO KNOW ABOUT CORONAVIRUS



HOW DOES IT SPREAD?

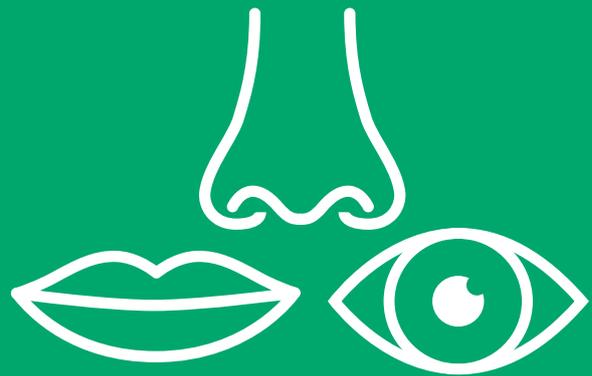
The virus is infectious and spreads from people who are infected to others through:



**The air by
coughing
and
sneezing**



Close personal contact,
such as touching or
shaking hands



Touching an object or surface
with the virus on it, then
touching your mouth, nose, or
eyes without washing your hands

WHAT YOU NEED TO KNOW ABOUT CORONAVIRUS



CAN I GET IT FROM TOUCHING THINGS?

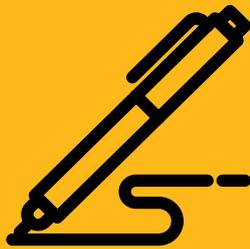
Yes, sometimes a sick person's saliva can get onto objects like:



Their hands



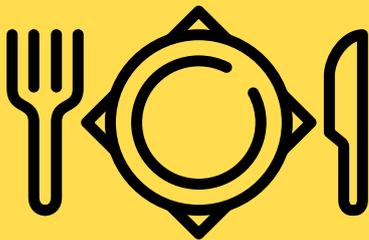
Doorknobs



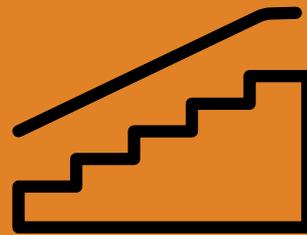
Pens



**Digital devices like
cellphones and laptops**



Food and utensils



Stair railings



**Don't touch your face, mouth, nose or
eyes without washing your hands.**

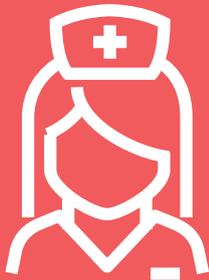


WHAT YOU NEED TO KNOW ABOUT CORONAVIRUS



WHAT SHOULD I DO IF I THINK I HAVE THE VIRUS?

If you have a **fever, cough** AND have **difficulty breathing** you should:



Speak to your
healthcare practitioner



Share your recent
travel history



Avoid travel



Avoid contact
with others

WHO IS AT RISK?

Anyone who comes into contact with the virus can get it, **BUT** older people and those with underlying medical problems like high blood pressure, heart problems, low immunity or diabetes are more likely to develop serious illness.



WHAT YOU NEED TO KNOW ABOUT CORONAVIRUS



HOW CAN I PROTECT MYSELF AND OTHERS FROM GETTING SICK?



Wash your hands
regularly and thoroughly
for 20 seconds with
soap and water or use an
alcohol-based hand rub



Avoid close contact with anyone
who has fever and cough. Avoid
close contact with other people if
you are coughing or have a fever



Cover your mouth and nose
with your elbow or a tissue
when you cough or sneeze



Only eat well-cooked food,
especially meat and eggs



Never spit in public

STAY HEALTHY: Get your flu vaccination

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WHAT YOU NEED TO KNOW ABOUT CORONAVIRUS



HOW CAN IT BE STOPPED?

There are steps that you can take to prevent getting the virus, and stopping its spread.



At the moment there is no medicine available to prevent or treat the virus. Conventional medicines can treat the symptoms, helping to comfort those who are infected while their immune systems fight the virus.

The best option is to avoid getting sick in the first place by:

- Washing your hands
- Knowing your HIV status, and taking your HIV and TB medication
- Getting the flu injection

Wear a disposable face mask if you are ill with coronavirus or looking after someone who is ill.

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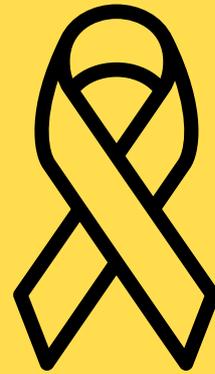
WHAT YOU NEED TO KNOW ABOUT CORONAVIRUS



WHO IS AT GREATEST RISK?

Older people, those with other health conditions and people with compromised immune systems are likely to be affected more harshly than others.

**Protect
yourself
by:**



Knowing your status



Taking your medication



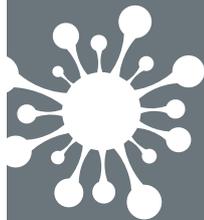
Washing your hands thoroughly and regularly and covering your mouth when you cough or sneeze

IMPORTANT GOVERNMENT CONTACT DETAILS

National Institute for
Communicable Diseases
General Public Helpline
0800 029 999



Designated Hospital for managing the
COVID-19 cases in North West:



Klerksdorp Hospital
Address: John Orr St, Naserhof,
Klerksdorp, 2571
Phone: 018 406 4600

Stay informed on #COVID19
Join the WhatsApp support for South Africans

Say "**Hi**" to 
0600 123 456

or go to www.sacoronavirus.co.za